Tenor Exercises

Single Hand Splits ............................................................. 2
Hand-to-Hand splits ........................................................... 3
Staccato Stroke Exercises .............................................. 4
Basic Crossover Exercises ............................................... 6
Basic Scrape Patterns ..................................................... 7

Exercise Program

6 - 8 - 7 ................................................................................ 8
ATP (Accent Tap Placement) .............................................. 8
Double-Triple ...................................................................... 9
Stick Control ................................................................... 9
16th Timing ................................................................... 10
Mr. Brown’s 16ths ........................................................... 10
Triplet Rolls and Variations ............................................ 11
16th Rolls and Variations .............................................. 13
Lassiter Flams ................................................................. 15

Cadences and Stand Grooves

Groovin’ Easy .................................................................... 15
On The Way ...................................................................... 16
Legend .......................................................................... 17
Jive Turkey ..................................................................... 18
Paco ........................................................................... 18

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Single Hand Splits
Following are several basic tenor splits for developing fluid motion around the drums using “8 on a hand”.

Track 11

- out to 3
- out to 4
- in from 3
- in from 4
- outs 1 and 2
- ins 1 and 2
- out from shot
- in to shot
- out & in
- circles
- walk across
- walk across #2
- around the world
- z’s
- walk across #3
- down & up

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Hand-to-Hand Splits
Next have the students work on maintaining the same fluid motion when playing hand-to-hand singles. Below are some basic exercises that work the primary motions; out from the center, in toward the center, and across the drums. Try not to use terminology such as down the drums or up the drums as it takes the focus away from playing in a straight line across the drums.
Staccato Stroke Exercises

For the following exercises, begin by playing the taps. Establish good sound quality, steady rhythm, and a consistent height of either 1 1⁄2 or 3 inches. Think of the accent as “coming out of” the taps, quickly moving the forearm into position to play the accent, and immediately sliding back to the original or “home” position. It may help to imagine that a fly is sitting where you are to play the accent. Raising the forearm will scare the fly away as it will be moving too slowly. The motion should be quick and compact.
In the following exercise, practice the same techniques using hand-to-hand accent/tap patterns.

Pay close attention to the hand playing the accents. The stroke and heights should look and sound the same as with the single-hand 8th note patterns in the previous exercise. The addition of the other hand on the 16ths should not affect the quality or accuracy.
Basic Crossover Exercises

It is important to get to a point where you are comfortable crossing over the stick or the wrist without changing technique or sound quality. Players generally change their approach when playing crossovers because they see the stick or wrist as an obstacle. If the bottom mallet is kept in the correct playing area, it won’t be in the way. The player can then focus on executing a proper stroke into the drum.

Track 19 - Drums 1 & 2
(x = crossover)

Track 20 - Drums 1 & 3

Track 21 - Drums 2 & 4

Track 22 - Drums 2 & 3

Track 23 - Drums 1 & 4

Track 24 - Drums 3 & 4

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- 6 -
Basic Scrape Patterns

Following are some basic scrape patterns and combinations. Work these patterns slowly, think of them as 8th notes in the beginning.
Tenors

Track 28

6 - 8 - 7

A TP

(Accent Tap Placement)

Track 29

Tenors

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- 8 -
Double-Triple

Tenors

Stick Control

Tenors
Tenors

16th Timing

Mr. Brown's 16ths
Triplet Rolls

Tenors

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[\underline{Track 34}]

Triplet Rolls

(Play each one of these in place of bars 1 - 8 in the exercise Triplet Rolls)

1. 

2. 

3. 

4. 

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Triplet Roll Variations (Tenors) - cont.
Tenors

16th Rolls

16th Roll Variations
(Play each one of these in place of bars 1 - 4 in the exercise 16th Rolls)

1.

2.

3.

4.

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- 13 -
16th Roll Variations (Tenors) - cont.

5.

6.

7.

8.

9.

10.
Lassiter Flams

Tenors

Groovin' Easy

by Mike Lynch

Tenors

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On the Way

by Mike Lynch

Tenors

\[ \text{D.C.} \]

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Tenors

Legend

by Mike Lynch

Track 39

Tenors

Legend

by Mike Lynch

Track 39